Extensive Restricted Diffusion in Bilateral Hemispheric White Matter Following Diffuse Hypoxic Injury Due to Hanging

Sir,

A 56-year-old woman, with alleged history of hanging 10 days back, was rescued and taken to a local hospital. She was unconscious, intubated, and managed conservatively. At the time of admission to our hospital, her Glasgow Coma Scale was E₂V₂M₁, with quadriplegia, bilateral plantar reflex showing extensor response. Pupils were equal bilaterally, measuring 2 mm and responding to light. Initial magnetic resonance imaging (MRI) of the brain performed at an outside center [Figure 1] was reported as normal. Repeat MRI of the brain obtained in our institute showed abnormal T2/fluid-attenuated inversion recovery (FLAIR) hyperintensity of bilateral caudate nucleus and putamen, multiple cortices in bilateral temporo-parieto-occipital lobes [Figure 2a-c], with effaced adjacent sulci. Subtle abnormal T2/FLAIR hyperintensity was seen in corpus callosum [Figure 2c], bilateral temporooccipital and parietal lobe white matter, with preservation of normal white matter in frontal lobes [Figure 2a and b]. Diffusion-weighted imaging images showed abnormal hyperintensity in bilateral temporooccipital and parietal lobe white matter and corpus callosum [Figure 2d], corresponding region hypointensity in apparent diffusion coefficient [Figure 2e and f], suggestive of diffusion restriction. Based on MRI images, severe hypoxic brain injury was diagnosed.

Serial changes are seen in conventional MRI in Wallerian degeneration. No abnormal white matter T2 signal intensity changes will be seen during initial 4 weeks, T2-weighted/FLAIR hypointensity seen during 4–10 weeks, and hyperintensity from 10 to 12 weeks onward.^[11] Initial normal T2/FLAIR hyperintensity is due to intact distal axons, T2/FLAIR hypointensity during second phase is due

to disintegration of axons and myelin along with alteration in protein-lipid-water ratio, while in late stage, T2/FLAIR hyperintensity is to gliosis. Adult diffuse hypoxic injury of prolonged duration causes extensive cortical damage, producing gyriform diffusion restriction in acute stage. Wallerian degeneration producing diffusion restrictions in subacute stage limited to projection fibers (pontocerebellar fibers,^[2] corticospinal tract,^[3] or subcortical U-fibers only)^[4] is described. Few atypical MRI findings of adult diffuse hypoxic injury such as (i) sparing of posterior circulation,^[5] (ii) only basal ganglia involvement, (iii) selective occipital and perirolandic subcortical white matter involvement, (iv) motor cortex involvement, and (v) basal ganglia and visual cortex involvement^[6] are also described. In the present case, extensive diffusion restriction and T2/FLAIR hyperintensity were noted involving cortex and white matter, with peculiar sparing of frontal lobe gray

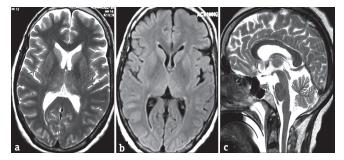


Figure 1: (a and b) Axial T2 and fluid-attenuated inversion recovery magnetic resonance images showing normal gray and white matter, basal ganglia, and thalami, (c) sagittal T2 image showing normal signal intensity in corpus callosum

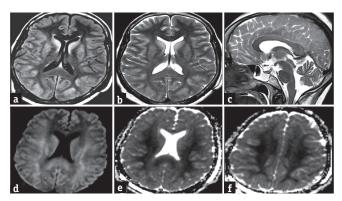


Figure 2: (a and b) Axial fluid attenuated inversion recovery and T2-weighted magnetic resonance images during follow-up showing gyriform abnormal hyperintensity sparing frontal lobe and basal ganglia, subtle T2/fluid-attenuated inversion recovery hyperintensity of white matter, (c) sagittal T2-weighted image showing abnormal T2 hyperintensity of corpus callosum, (d-f) axial diffusion-weighted imaging and apparent diffusion coefficient images showing diffusion restriction

and white matter. The pathomechanism behind sparing of frontal lobe remains elusive.

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Conflicts of interest

There are no conflicts of interest.

Kamble Jayaprakash Harsha, K. Parameswaran, M. Anand

Department of Clinical Neurosciences, Indo-American Hospital, Brain and Spine Centre, Vaikom, Kerala, India

Address for correspondence: Dr. Kamble Jayaprakash Harsha, Department of Clinical Neurosciences, Indo-American Hospital, Brain and Spine Centre, Chemmanakary - 686 143, Vaikom, Kerala, India. E-mail: kjharsha@gmail.com

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