

# Ophthalmic Segment Aneurysms: Surgical Treatment and Outcomes

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## Abstract

**Background** Surgical treatment of ophthalmic segment aneurysms (OSAs) remain challenging because of complex anatomy surrounding the aneurysm and entails extensive drilling of anterior clinoid process to define proximal neck of the aneurysm and carotid exposure in the neck for proximal control.

**Materials and Methods** Authors present a retrospective analysis of 36 aneurysms in 35 patients with OSAs operated surgically by first author. Surgical clipping was done for the aneurysms as primary modality of treatment along with wrapping and trapping as required.

**Results** Commonest age group was 40 to 60 years with female preponderance of 3:1. Maximum (23) patients presented with subarachnoid hemorrhage (WFNS Gr 1), followed by asymptomatic patients (six). There were 18 small, 14 large, and four giant aneurysms, 15 dorsal wall, 17 ventral wall, three proximal posterior wall, and one blister aneurysm. Good outcome, as measured by Glasgow Outcome Score (GOS) was achieved in 29 patients.

**Conclusion** OSAs are technically demanding aneurysms, but with due diligence to surgical principles, good outcomes may be obtained.

## Keywords

- ▶ aneurysms
- ▶ ophthalmic segment
- ▶ clinoid
- ▶ internal carotid

## Introduction

Ophthalmic segment aneurysms (OSA) arise from C6 segment of internal carotid artery (ICA).<sup>1</sup> They are complex and surgical treatment is technically challenging as compared with other aneurysms of anterior circulation. Day has described them in detail, classifying them as dorsal wall and ventral wall aneurysm depending on their origin and projection from ICA.<sup>2</sup> Over the years, different authors have variously classified these aneurysms based on the site of origin, the projection of the sac, and its relationship with branches arising from the ICA. Despite the technically challenging nature of the disease, there is a dearth of

published literature dealing with technical nuances and outcomes of the aneurysm in Indian patients. The present article presents analysis of surgical techniques, nuances, and outcomes in 35 patients of OSAs treated by surgical clipping.

## Video 1

Surgical video of clipping. Online content including video sequences viewable at: <https://www.thieme-connect.com/products/ejournals/html/10.1055/s-0041-1734002>.

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## Materials and Methods

### Inclusion

This is a series of surgically treated patients of OSA by the first author consecutively at three centers, viz., Sree Chitra Tirunal Institute for Medical Sciences and Technology (SCTIMST), Trivandrum, Bombay Hospital, Indore and Medanta Super-specialty Hospital, Indore, Madhya Pradesh (MP), India over a period of 25 years. A total of 418 aneurysms were operated during this period, of which 36 aneurysms, in 35 patients, were defined as OSAs.

### Investigations

All patients underwent computed tomography (CT) scan of brain with CT angiography and/or 4-vessel Digital Subtraction Angiography (DSA) as appropriate.

### Treatment

All patients in this series underwent surgical treatment. Carotid artery was exposed in the neck for proximal control in all patients and was intermittently occluded for to facilitate dissection and clipping of aneurysm.

A pterional craniotomy was performed on the side of aneurysm. Adequate drilling of anterior clinoid process (ACP) is mandatory for better definition of proximal neck of aneurysm. This was done both intradurally and extradurally, the decision for the approach based on individual aneurysm morphology; ACP was drilled intradurally in majority of cases. However, of late, in selected ventral wall aneurysms the ACP was drilled extradurally.

Schematic diagrams of drilling extradurally and intradurally along with incision of falciiform ligament to gain extra exposure of approximately 5 mm are shown in ►Fig. 1.

The definitive surgical procedure comprised of clipping of aneurysm. In case of aneurysm morphology not amenable to clipping, wrapping with muslin strands and piece of muscle and surgical and trapping of aneurysm were other procedures employed. A short clip of clipping is appended. A short video of clipping is appended (►Video 1).

### Outcome Analysis

Patients were followed up for a minimum period of 6 months. Glasgow Outcome Score (GOS) was used for outcome analy-

sis.<sup>3</sup> Patients were grouped in four groups—good outcome, fair outcome, poor outcome, and death—based on GOS 1, 2, 3 to 4, and 5, respectively.

Patient data was collected and analyzed using IBM SPSS Statistics for Windows, (Version 23.0 Armonk, NY: IBM Corp).

## Results

### Demography

The commonest age group was 40 to 60 years (22 patients) with age ranging from 25 to 80 years. The youngest patient was 25 years and oldest patient was 80 years old. There were 26 females and 9 males with female to male ratio being 3:1.

### Symptomatology

Twenty-seven patients presented with subarachnoid hemorrhage (SAH) of which 23 patients were in WFNS grade 1, three patients were in grade 2 to 3, and one patient was in grade 4. The duration of SAH prior to definitive treatment ranged from 5 days to 3 weeks. One of the patients had acute hydrocephalus following SAH.

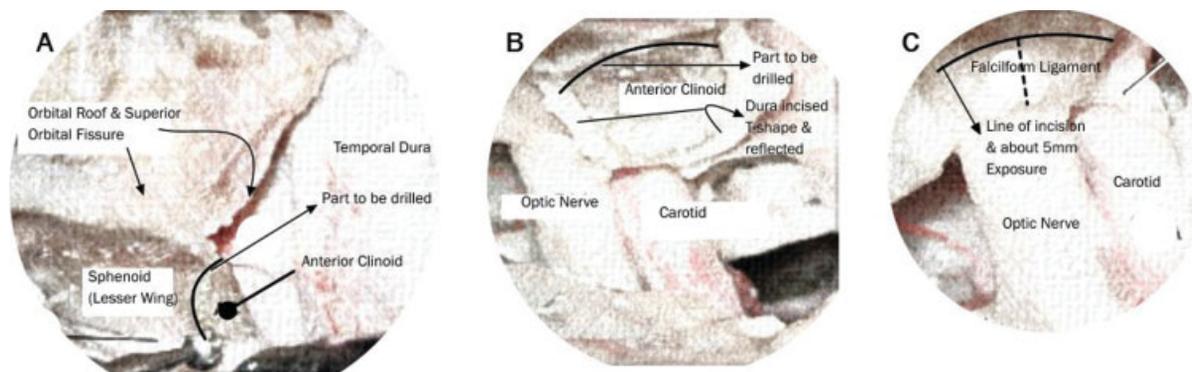
One patient presented with visual loss and another patient had thromboembolic episodes at presentation. Six patients had presented with other associated pathologies such as meningioma, craniopharyngioma, epidermoid or other aneurysms and were found during evaluation to have an incidental OSA.

### Aneurysm Morphology

The aneurysms were classified according to size and projections. There were 18 small aneurysms, 14 large and four giant aneurysms. Fifteen aneurysms arose from dorsal wall and projected dorsally or dorsomedially (in relation to ophthalmic artery), 17 aneurysms arose from ventral wall and projected ventrally or ventromedially (in relation to superior hypophyseal artery), three aneurysms arose from proximal posterior wall and projected posterolaterally and one of the aneurysms was blister aneurysm that arose from distal dorsal wall and projected dorsomedially. Some aneurysms morphologies are shown in ►Fig. 2.

### Associated Lesions

There were associated lesions with OSA in some patients: superior cerebellar artery aneurysm (1), clinoidal meningioma



**Fig. 1** (A–C) Schematic drawings of extradural and intradural clinoid drilling.

(1), anterior communicating artery aneurysm (1), craniopharyngioma (1), epidermoid (1).

One of the patients with incidentally detected OSA had multiple associated lesions—an anterior communicating aneurysm which had ruptured, an MCA bifurcation aneurysm and a pituitary adenoma. All were treated in same operation.

### Surgical Procedure

The aneurysm was clipped in 31 patients, wrapping with muslin with further buttressing with muscle was done in three patients and one patient with adequate cross-circulation underwent trapping of aneurysm.

Intraoperative rupture occurred in seven patients, which was controlled with compression of carotid in neck and applying permanent clips after defining the site of aneurysm rupture.

### Outcome

Outcome was analyzed using GOS after following up patients for a minimum of 6 months. Good outcome was achieved in 29 patients (82.8%), four patients were moderately disabled but independent (fair outcome, 11.4%) and two patients died (5.7%). [► **Table 1**]

### Visual Outcome

Only one patient had presented with visual symptoms. It was a giant left OSA, which was compressing left optic nerve that resulted in visual deterioration. The patient showed improvement in vision following surgical clipping and decompression of aneurysm sac. None of the other patients had any visual deterioration following surgical manipulation while clipping of aneurysms.

### Outcomes in Patients with Wrapping/Trapping

Of the three patients who underwent wrapping all had good surgical outcome. Repeat angiogram could not be done for these patients for logistical reasons but they remained stable clinically and neurologically during their follow-

up. One patient who underwent trapping has been on follow-up for more than 10 years and continues to remain asymptomatic.

### Outcomes over the Years

In a course of any series spanning 25 years, the outcomes of initial years when surgical paraphernalia was limited, and technique and skills were evolving are bound to be different from the time when our techniques have become nuanced and surgical armamentarium has become state-of-art. Similarly, over the years our access to technology and our technical skills have improved and reflected in surgical results.

### Discussion

Treating paraclinoid aneurysms is a challenge even for experienced neurosurgeons. These aneurysms have, in past been termed unclippable or been associated with suboptimal outcomes.<sup>4,5</sup> Increasingly, these aneurysms are being treated endovascularly. However, with advancement and refinement of surgical techniques, the results in present era are good and excel that of endovascular treatment insofar as total neck obliteration and recanalization is concerned.<sup>5-8</sup>

### Incidence and Symptomatology

OSAs occur in less than 5 to 9% of anterior circulation aneurysms. They have been reported to be commoner in females and are associated with other aneurysms in approximately 20% of cases.<sup>5</sup> In our series, the incidence of OSA was 8.75% of all anterior circulation aneurysms, was nearly three times commoner on females and was associated with other aneurysms in nearly 14% of cases.

These aneurysms can grow to large size and abut against optic nerve and frequently it is the visual symptoms that prompt medical attention rather than SAH, although SAH still remains the commonest presentation.<sup>5,9,10</sup> In our series, the most common presentation was that of SAH

**Table 1** Comparison of surgical series

Comparison of surgical series						
Author (year)	Aneurysms/ Patients	Clipping (%)	Good outcome (%)	Fair outcome (%)	Poor outcome (%)	Mortality (%)
Drake et al (1968)	14/14	50	40	–	–	60
Day (1990)	54/54	96	87	–	7	6
Batjer et al (1994)	89/89		87	9	3	1
Arnautovic et al (1998)	16/16	94	88	6	–	6
Kattner et al (1998)	29/29	96	89	–	7	3.5
De Jesús et al (1999)	35/28	88	89	7	–	3.5
Raco et al (2008)	108/104	81	83	7	5.7	3.8
Liu et al (2008)	40/38	76.3	76.3	–	18.4	5.3
Nathal and Castillo (2008)	137/91	94	88	7.6	–	4
Present series (2017)	34/33	85	79.4	11.8	–	5.9

(73.6%), while visual symptoms were present in merely 3% of the cases. Larger cohorts are required to infer whether Indian population is more prone to rupture of these aneurysms.

### Anatomical Considerations

The ICA has been variously classified by Fisher, Gibo, Lasjau-nias and Berenstein, and Bouthillier et al, with the latter being the commonest.<sup>1,11–13</sup> Ophthalmic segment corre-sponds to C6 segment of Bouthillier's classification.

Given the crowded paraclinoid space and presence of important neurovascular structures, minimal manipulation of these structures and adequate proximal control form the cornerstone of good postoperative outcome.<sup>6–8,14,15</sup>

### Classification

These aneurysms have been variously classified based on the site of origin of the neck, the projection of the dome, and its relationship with branches arising from the ICA.<sup>2,5,8,14–18</sup> A simpler, surgically relevant method is to classify the aneurysms according to their origin in relation to the circumference of ICA and branching artery and the projection of the dome.

The aneurysms may thus be classified as<sup>5</sup>:

1. **Dorsal aneurysms**—These include aneurysms arising from distal dorsal wall (dorsal wall aneurysms), aneurysms of proximal wall, and blister aneurysms of dorsal wall. Dorsal wall aneurysms are situated at dorsal wall of ICA, in relation to ophthalmic artery and tend to project dorsally or dorsomedially. Proximal wall aneurysms tend to project upward and are more prone to cause visual symptoms.

In our series, 53% of the aneurysms originated from dorsal wall (41.2% dorsal wall, 8.8% proximal wall, and 2.9% blister).

2. **Ventral aneurysms**—These aneurysms are located on the ventral or ventromedial wall, diagonally opposite to oph-thalmic artery and in close relation with superior hypo-physeal artery.

In our series, 47% of aneurysms were ventral aneurysms.

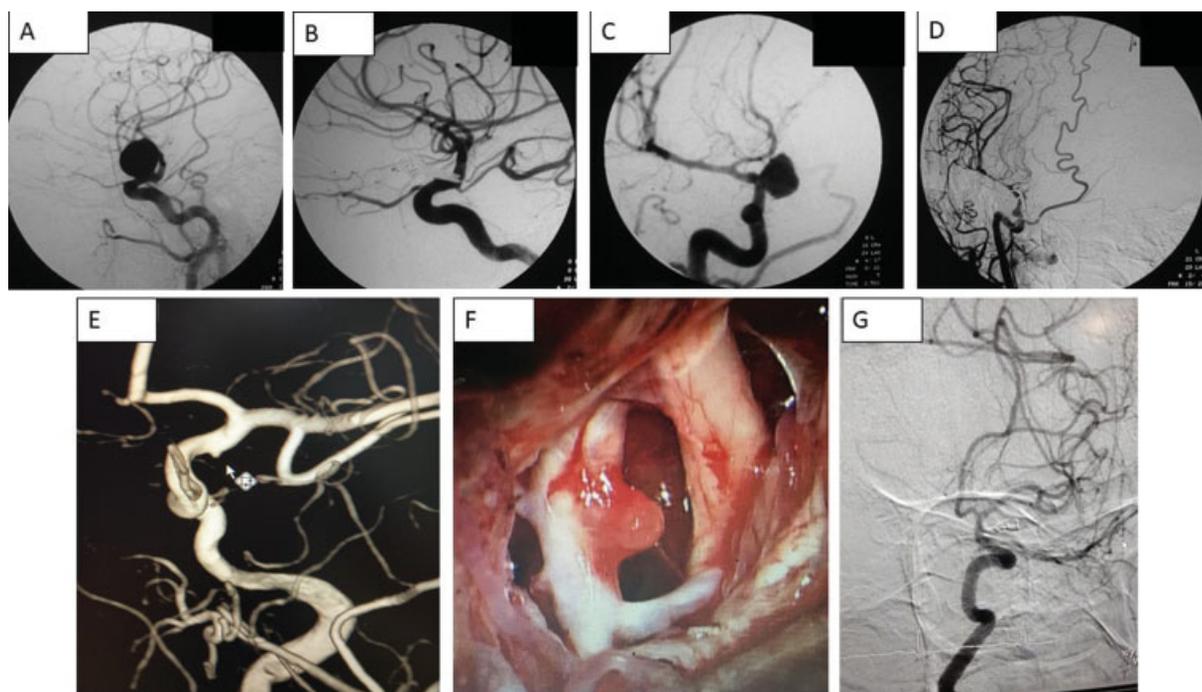
Day has classified these aneurysms into ophthalmic artery aneurysms—that arise just distal to origin of ophthalmic artery and project dorsally or dorsomedially—and superior hypophy-seal aneurysms—that arise more distally and incorporate perforators to hypophysis. These are further subdivided into paraclinoid variant, which projects inferiorly or inferomedially beneath ACP, and suprasellar variant, which projects medially or superomedially above diaphragma sella.<sup>2</sup>

### Surgical Nuances

The important surgical nuances include proximal carotid control, frontotemporal craniotomy with drilling of lesser wing of sphenoid, wide opening of Sylvian fissure, and microsurgical dissection of cisterns and bony drilling to remove ACP, which exposes approximately 6 to 7 mm of proximal carotid artery.

### Proximal Carotid Control

The proximal carotid control may be achieved by one of the four approaches, proximal control in neck, exposure of petrous ICA in middle fossa, intracranial control of ICA after opening of distal dural ring, or endovascular ICA occlusion.<sup>6,14,19–21</sup>



**Fig. 2** Preoperative and postoperative angiograms of various ophthalmic segment aneurysms. (A, B) Dorsal wall, (C, D) Ventral wall, (E, G) Blister aneurysm, and (F) shows intraoperative picture of a blister aneurysm.

The proximal carotid control in neck is not only the simplest and safest method, but it is also achieved before the start of craniotomy and secures ICA early which is especially important in case of premature rupture.<sup>5,14</sup> We achieved proximal carotid control in neck in all our cases.

### Drilling of ACP

Drilling of ACP along with proximate bone structures like optic roof and optic strut form the cornerstone of adequate exposure of aneurysm and its subsequent clipping. ACP must be drilled in all cases notwithstanding the size of the aneurysm.<sup>5,22</sup> ACP can be drilled extradurally or intradurally.<sup>6,23</sup> In cases of dorsal wall aneurysms, extradural drilling alone may be riskier, and it is judicious to combine it with intradural technique.<sup>5</sup> Several factors are pertinent in this regard. Dorsal wall aneurysms carry a risk of premature rupture due to transmitted vibrations of drilling. These aneurysms may occasionally erode ACP and planum sphenoidale and this may itself lead to premature rupture in case wholly extradural drilling is attempted; in addition, acute SAH associated with these aneurysms may cause severe brain swelling that may make completion of extradural drilling difficult—and thus require final phase of drilling to be completed intradurally.

Various authors have suggested various techniques for effective bone removal including use of diamond drills, copious irrigation, and frequent pauses to dissipate heat, use of bone ultrasonic aspirators, drilling the cancellous core, and cavitating ACP before its detachment.<sup>5,22,24,25</sup>

Samson has opined on the amount of bone resection needed for adequate exposure of these aneurysms. They recommend (1) unroofing of the optic canal, aggressive resection of the optic strut for ophthalmic artery aneurysm; minimal removal of the ACP may suffice in these cases; (2) extensive ACP drilling for superior hypophyseal aneurysms though optic roof may not need to be drilled, and (3) aggressive ACP drilling but leaving optic strut and roof intact for ICA-paraclinoid aneurysms.<sup>22</sup> We de-roof optic canal and resect falciform ligament in all cases mandatorily as it enables optic nerve manipulation, if needed, without the risk of injury.

We have performed intradural drilling for majority of our initial cases. Of late, we increasingly attempt to perform extradural drilling for ventral wall aneurysms. A few caveats remain to this. For ventral wall aneurysms, it is safer to drill the last part of tip of large ACP intradurally. In cases where the brain is tense, a complete extradural drilling and removal is not attempted. Instead, after substantial extradural removal, the rest of drilling is done intradurally after release of CSF, which allows brain to become lax and affords clearer view of anatomy of the surgical field.

### Preference and Selection of Cases for Extradural Drilling

A small ventrally projecting aneurysm from ophthalmic segment, is the aneurysm where we can drill ACP extradurally with safety. It must be borne in mind that while extradural drilling is less likely to transmit vibrations from drilling

to the aneurysm, intradural drilling is under vision and considerably safer.

### Endovascular Techniques: Pertinent Considerations

Ever since approval of Guglielmi coils by FDA in 1995, endovascular techniques have been increasingly more employed for treatment of these aneurysms. These techniques include coiling, stenting, and flow diversion.<sup>26</sup> The occlusion of aneurysm using these techniques is measured in accordance with Raymond scale.<sup>27</sup> Complete occlusion (Raymond class 1) is achieved in 40 to 72% with coiling, with higher rates in smaller aneurysms and stent-assisted coiling and in 69 to 95% with flow diversion.<sup>28–33</sup> With coiling, 5 to 19% of aneurysms may only be partially occluded (Raymond class 3).<sup>28,29,31,32</sup>

Overall rates of permanent mortality and morbidity with coiling is up to 2% and 8%, respectively, while 4 to 7% of patients experience thromboembolic complications. Around 14 to 17% of aneurysms have a recurrence when treated with coiling.<sup>28,30–33</sup> On the other hand, flow diverters have mortality and morbidity of up to 19% associated with them.<sup>34–39</sup> In addition, use of stent during coiling or flow diverters is associated with necessity of long-term antiplatelet therapy.

Cost of coiling in similar patients with similar uncomplicated hospital course is about twice that of clipping at our present center. Necessity of stent or use of flow diverters inflates this anywhere between four and five times the costs of clipping.

We firmly hold the opinion that while endovascular techniques are gaining ascendancy, clipping forms a cornerstone of treatment of these aneurysms. Cost of endovascular procedures and devices form an important consideration in resource limited third world tertiary care centers. Long-term antiplatelet requirement and monitoring for thromboembolic episodes (and their treatment, should they occur) only serve to contribute further to the cost. In addition, regular follow-up and checking of DSA at regular intervals to look for re-canalization are mandatory for endovascular treatment.

Presence of large hematoma, severe mass effect, large aneurysms causing compression of optic nerve, and much better and direct control in case of intraprocedural rupture are a few of clinical scenarios where clipping has definite edge over endovascular techniques.

### Blister Aneurysms

Blister aneurysms form a distinct subset of their own with unique risks and complications. Surgical strategy remains the same as in any other aneurysm so far as proximal control in neck and drilling of ACP to delineate aneurysm is concerned. Dissection remains gentle and carotid needs to be temporarily occluded for dissection and permanent clipping. While clipping some part of normal wall of carotid has to be included in the clip for secure exclusion of aneurysm from circulation. A prophylactic STA-MCA bypass should be given due consideration, in case ICA needs to be trapped, should the aneurysm rupture intraoperatively. Endovascular means like flow diverters are also being used with success.

## Outcomes

The gradual and incremental refinement of surgical technique and advancement of surgical paraphernalia has led to vast improvement in outcomes in these aneurysms, from the early days when Drake et al, reported 50% clipping rate and 60% mortality to present era with clipping rates of 80 to 96%, good outcome in 76 to 89% patients, and mortality as low as 3 to 6%.<sup>2,4,5,9,14,40-43</sup>

In our series, the results were comparable to concurrently reported Figures (85% clipping, good outcome in 79% patients, and mortality of 5.9%) despite our primary presentation being aneurysmal rupture and SAH in comparison to western literature where visual deterioration is a common presentation as well.

## Conclusion

OSAs are technically demanding aneurysms, but with due diligence to surgical principles, the good outcomes may be obtained. This includes drilling of ACP, wide dissection of neck, and achieving early proximal control.

### Ethical Approval

All procedures performed in the studies involving human participants were in accordance with the ethical standards of the institutional and/or national research committee (name of institute/committee) and with the 1964 Helsinki declaration and its later amendments or comparable ethical standards. Informed consent was obtained from all individual participants included in the study.

### Funding

None.

### Conflict of Interest

None declared.

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